

BOWEL SCREENING

IT COULD SAVE YOUR LIFE!

Bowel cancer can affect anyone —
but it's easier to treat when found early.

The test is quick, easy and you do it at home.

4 SIMPLE STEPS

1

OPEN THE KIT AND LABEL

Open the kit and write your details on the sample tube and form. Put the toilet liner in the toilet bowl.



2

GO TO THE TOILET

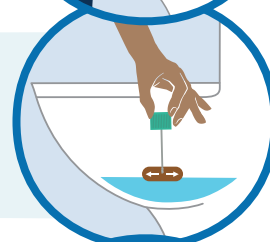
Use the toilet as you normally would.



3

TAKE THE SAMPLE

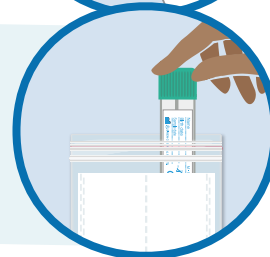
Open the tube, swipe the stick through the poo, then put the stick back into the sample tube. **No need to scoop or touch your poo.**



4

PACK AND SEND

Put everything in the bag/envelope and post it (for free) or drop into your local Aboriginal and Torres Strait Islander community controlled health organisation (ACCHO).



WE'RE HERE FOR YOU

Your health matters. If you have any questions or need help, speak to your local Aboriginal and Torres Strait Islander Health Worker or call your local ACCHO.