

# Sexual Health Resources

## ORDER FORM

**1**

### Sexual Health Yarning *Our Way*

#### WOMEN'S BUSINESS

For Aboriginal and Torres Strait Islander Health Workers and Practitioners, sexual health is more than just screening and treatment. It's about empowering clients and providing ownership and the confidence to make informed decisions about their sexual health and wellbeing.

**1**

### Sexual Health Yarning *Our Way*

#### MEN'S BUSINESS

For Aboriginal and Torres Strait Islander Health Workers and Practitioners, sexual health is more than just screening and treatment. It's about empowering clients and providing ownership and the confidence to make informed decisions about their sexual health and wellbeing.

**2**

### Sexual Health Yarning *Our Way*

#### HOW TO HAVE THE CONVERSATION

For Aboriginal and Torres Strait Islander Health Workers and Practitioners, sexual health is more than just screening and treatment. It's about empowering clients and providing ownership and the confidence to make informed decisions about their sexual health and wellbeing.

This resource was created by Aboriginal and Torres Strait Islander Health Workers and Practitioners working in the Aboriginal and Torres Strait Islander Community-Controlled sector.

The resource has been developed to acknowledge the origins and change around STIs and BBVs, the wording in this resource reflects the real everyday language and conversations that Aboriginal and Torres Strait Islander Health Workers and Practitioners use every day in their clinics with their clients.


This resource was a collaborative project between QAIHC and CRACCS. QAIHC, with QAIHC's support, has the knowledge the Queensland Sexual Health Reference Network for their knowledge and generosity in the development of this resource.




**3**

#### A guide to testing for sexually transmissible infections and how to self-collect specimens

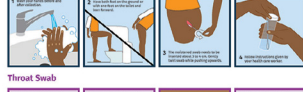
**Urine Sample**





**Vaginal Swab**




**Anal Swab**



**Throat Swab**

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**4**

#### Sexual Health Yarning

Have you had a sexual health screening in the past? Yes / No  
If yes, where and when?

Are you sexually active since your last check-up? Yes / No

Is there anything you are concerned about? Yes / No  
If yes, what?

Any symptoms? Rash / sores / Sores / Blisters / Discharge / Bleeding / Itchiness / Pain / Burning

What type of sex are you having? Vaginal / Oral / Anal

Do you use contraception? Yes / No  
Condoms / Pills / Implants / IUD / Surgical / Withdrawal

How often do you use condoms? Always / Sometimes / Never

Do you use any recreational drugs? Yes / No  
If yes, what type? Oral / Smoke / Inject  
How often? Daily / Regularly

Are you worried about you drug use? Yes / No  
Do you have a support person? Yes / No

**Women's Business**

Do you self-check your breasts? Yes / No

Have you ever had a mammogram (breast x-ray)? Yes / No  
If yes, when was your last mammogram?

Have you ever had a Cervical Smear Test (CST)? Yes / No  
If yes, when was your last CST?

**Men's Business**

Have you ever had a prostate check? Yes / No  
If yes, when was your last check?

Do you check your testes? Yes / No

Do you have any issues with erection/ getting hard? Yes / No




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**5**

#### STI/BBV Guidelines



sti.guidelines.org.au

ITEM DESCRIPTION	QUANTITY
<b>1</b> Sexual Health Yarning <i>Our Way</i> , Men's and Women's Business (A5 Flipbook)	
<b>2</b> Sexual Health Yarning, How To Have The Conversation (A4 book)	
<b>3</b> Sample collection (A4 poster)	
<b>4</b> Sexual Health Yarning questionnaire (A4 Notepad – 100 sheets)	
<b>5</b> STI and BBV Guidelines (A3 poster)	

MAX  
QUANTITY  
10 PER SERVICE  
AT THIS  
STAGE

Date:	Name:
Phone:	Email:
Shipping address:	
Manager's signature:	