



### Bowel Cancer:

- some blood in your poo or on the toilet paper after a bowel motion
- changes when going to the toilet such as trouble doing a poo (constipation) or having very runny poo (diarrhoea)
- losing weight without meaning to
- pain in the belly area or when you go to the toilet (rectal/anal pain)
- a feeling like you're bowel isn't completely empty after going to the toilet
- low levels of iron in the blood (anaemia)
- feeling really tired.



### Breast Cancer:

- a new lump or lumpiness in the breast or armpit
- a change in the size or shape of your breast
- a change in the nipple
- discharge from the nipples
- any unusual pain
- a change in the skin of your breast.



### Lung Cancer:

- coughing up blood
- a new or changed cough that doesn't go away
- pain in their chest or shoulder
- being short of breath, or trouble breathing
- hoarse voice
- chest infection that won't get better
- feeling very tired or weak
- not feeling hungry or losing weight without meaning to.

# Cancer

## WHAT TO LOOK OUT FOR

### Symptoms & Changes



### Cervical Cancer:

- bleeding from the vagina between periods
- bleeding from the vagina after menopause (the time when women stop having their periods)
- pain or bleeding during or after having sex
- having an unusual discharge or blood coming from your vagina
- having heavier or longer periods than normal
- unusual swelling in your legs
- leg or back pain
- feeling very tired



### Prostate Cancer:

- problems having a pee, including weak flow when you're peeing, pee that stops and starts, needing to pee urgently, difficulty starting to pee, or feeling like you haven't completely finished peeing
- pain or burning when having a pee
- blood in the pee (urine) or semen
- pain in the back, hips or chest
- weak or numb legs or feet
- feeling really tired, breathless or dizzy



### Liver Cancer:

- skin colour, and/or the whites of your eyes changing to yellow (jaundice)
- ache or pain on the right side of your belly
- hard lump on your right side, below where your ribs stop
- pain in your upper back, around the right shoulder blade
- losing weight without meaning to
- dark coloured stools or pale urine
  - feeling really tired
- loss of appetite and/or nausea.

For more information visit:

[www.ourmobandcancer.gov.au/Common-cancer-types](http://www.ourmobandcancer.gov.au/Common-cancer-types)



Queensland Aboriginal and Islander Health Council